MORE THAN "I'M SORRY"

Teaching Kids to Apologize Well

6 Steps to a Good Apology

1 Use the words **"I'm Sorry"**

2 Acknowledge exactly how you messed up. **"I used unkind word that hurt you."**

3 **Tell how you were feeling** and **why you think you did the thing**

4 Tell the person **how you'll fix the situation.**

5 **Promise** to behave better next time.

6 Ask for forgiveness **"Will you forgive me for messing up your game?"**